



THE  
GARDEN

EST. 2014

DRINKS

COFFEE/HOT

SUMATRAN AMERICANO	2.5
ESPRESSO	2.
FLAT WHITE	2.5
LATTE	2.6/2.8
CAPPUCCINO	2.6/2.8

ADD

ALMOND   HAZELNUT   COCONUT MILK	0.5
CACAO	0.5
EXTRA SHOT	0.5

HOT CACAO (n)	3.
CHAI LATTE (n)	3.

THERE IS A SELECTION OF COLD DRINKS IN THE TAKEAWAY FRIDGE OR ASK YOUR SERVER FOR THE ALCOHOL MENU.

RE-VITALISE 4.5

SMOOTHIES

HOLY CACAO (n)  
banana | almond mylk  
raw cacao | tahini | maca  
chia | vanilla

STRONG  
banana | hemp protein | chia  
cashew mylk | almond butter

PURPLE RAIN  
banana | blueberries  
raspberries | apple juice  
avocado | baobab

GREEN PEACE  
apple juice | spinach | kale  
parsley | cucumber | avocado  
spirulina | wheatgrass

COLD | PRESSED

ENERGISE  
cucumber | apple | spinach  
kale | parsley | coriander  
lime | liquid chlorophyll

GLOW (fruit free!)  
carrot | beetroot | lemon  
cucumber | probiotic cultures

THRIVE  
pineapple | apple | carrot  
lemon | ginger | turmeric  
lucuma

PLEASE ASK YOUR SERVER  
FOR DETAILS OF THIS  
MONTH'S LIMITED EDITION  
SMOOTHIE AND JUICE

SIGNATURE

ALMOND LATTE (n)	4.
MATCHA LATTE (n)	4.
GOLDEN MYLK (n)	4.
COCONUT OIL COFFEE	3.
MEDICINAL MUSHROOM LATTE (n)	4.

LOOSE LEAF TEA

BREAKFAST TEA	2.5
EARL GREY	2.5
WHITE	3.
GREEN	3.
MINT	3.
ROOIBOS	3.
CHAMOMILE + MINT	3.
BERRY MIX	3.
AMARETTO	3.

SHOTS

GINGER SHOT  
ginger | apple

WHEATGRASS SHOT  
wheatgrass | orange

GARLIC SHOT  
garlic | lemon

HOT TONICS 3.

I AM WELL  
ginger | turmeric | lemon |  
chaga

I AM AWAKE  
lemon | liquid chlorophyll



(v) vegan (gf) gluten free (n) contains nuts

ALLERGENS

Many of our drinks contain nuts.

Please alert a member of staff if you have any allergies + we will assist you where possible.