



may

SPECIALS // BLOOM

ASPARAGUS RAREBIT

courgette fritters - asparagus - cashew rarebit - alfalfa - basil oil

£8.00 (GF) (V) (N)

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BLOOM SALAD

asparagus - peas - mint - gem lettuce - toasted pistachios - radish - artichokes - lemon dressing

£8 (V) (GF) (N)

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'ANGEL' DELIGHT

whipped maple coconut cream - frozen yoghurt berry bark

£6.00 (V) (GF) (N)

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bloom

HERE COMES THE SUN...

SHADES ON. THE SUN ON OUR SKIN. OH MAN, WE DIDN'T KNOW HOW MUCH WE NEEDED IT UNTIL IT CAME.

OUR COURTYARD HAS BEEN PACKED WITH PEOPLE DINING OUT - SOAKING UP THE RAYS AND VITAMIN D WHILE FUELLING THEMSELVES WITH SOME OF THE GARDEN'S GOODNESS.

AND EVEN THOUGH IT'S NOT FULL-ON SUMMER (YET), WE'RE GOING WITH THE VIBE. WE'VE GOT A SUMMER STATE OF MIND. CHECK OUT OUR SPECIALS THIS MONTH FOR THE SEASONAL GOODNESS OUR BODIES NEED AT THIS TIME OF THE YEAR.

AND KEEP AN EYE ON OUR EVENTS BOARD AND SOCIAL CHAT FOR WHAT WE'VE GOT GOIN' ON... ADVANCE WARNING... WE'LL BE GETTING SOME SERIOUS BALI INSPO IN FROM OUR RETREAT IN MAY WITH THE YOGA FAMILY (SORRY, NOT SORRY).

LOVE,

THE GARDENERS

X