



july

SPECIALS // FLOWER POWER

CHICKPEA OMLETTE

vegan omlette - turmeric - sweet potato - broccoli - harissa yoghurt - avocado - omega seeds

£9 (GF) (V) (N)

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RAW LASAGNE

raw lasagne - cashew cheese - edible flowers

£9.5 (V) (GF) (N)

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VICTORIA SPONGE

traditional sponge - chia strawberry jam - violet whipped coconut cream

£6.50 (V) (GF) (N)

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Flower Power

YOU PROBABLY KNOW BY NOW THAT WE'RE BIG FANS OF PLANT LIFE... MUCH OF OUR MENU IS PLANT BASED AND HECK, WE'RE CALLED THE GARDEN...

WE'VE BEEN USING EDIBLE FLOWERS TO FLAVOUR AND DECORATE OUR DISHES SINCE WE LAUNCHED AND THIS MONTH, AS TATTON PARK GETS SET TO WELCOME ANOTHER FLORAL EXTRAVAGANZA AT THE FLOWER SHOW, WE'RE EMBRACING OUR LOVE FOR ALL FLORA AND FAUNA AND SHOWCASING SOME OF OUR FAVOURITES ON THE SPECIALS MENU THIS MONTH.

A FEAST FOR YOUR EYES AS WELL AS YOUR LIPS (THEY WON'T DO YOUR INSTAGRAM FEED ANY HARM EITHER), WE CAN'T WAIT FOR YOU TO TRY THEM OUT. IF YOU WANT TO EMBRACE THE FLORAL TREND AT HOME TOO, CHECK OUT THE WEBSITE THIS MONTH FOR TIPS ON DECORATING YOUR OWN DISHES WITH EDIBLE FLOWERS.

ENJOY THE SUNSHINE

PEACE, LOVE AND ROCK N ROLL

THE GARDENERS

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