

# specials

MAY / JUNE

LOVE - YOUR - MOTHER

## *breakfast*

### BUCKWHEAT TURMERIC PANCAKES

COCONUT YOGHURT, TOASTED PECANS, MAPLE SYRUP, CARAMALISED PINEAPPLE 8  
(V) (GF) (N)

## *lunch*

### QUESADILLAS

SPICED SWEET POTATO, BLACKBEAN AND SWEETCORN, CHICKPEA TORTILLA, NACHO  
CASHEW CHEESE, GUACAMOLE 9 (GF) (N) (V) (M) (C)

## *dessert*

### PINEAPPLE AND PISTACHIO CAKE

SERVED WITH DAIRY FREE ICE CREAM 6 (GF) (N) (V)



## LOVE - YOUR - MOTHER

I SEE TREES OF GREEN, RED ROSES TOO  
I SEE THEM BLOOM FOR ME AND YOU  
AND I THINK TO MYSELF WHAT A WONDERFUL WORLD  
- LOUIS ARMSTRONG

ONE OF OUR MOST POPULAR POSTS ON INSTAGRAM LAST YEAR WAS OF AN IMAGE OF A BOARD WE PLACED OUTSIDE THE FRONT OF THE CAFÉ. THE BOARD HAD A BEAUTIFUL PICTURE OF THE WORLD ON IT, HAND ILLUSTRATED BY ALEX JONES. THE WORDS SAID, "THERE IS NO PLANET B."

IN THE PAST FEW WEEKS WE HAVE LAUNCHED OUR 'LOVE YOUR MOTHER' CAMPAIGN. WE ARE A COLLECTIVE OF PLANT LOVING, LIFE LOVING, EARTH LOVING PEOPLE AND WE'RE TAKING ACTION AND WOULD LOVE YOU TO JOIN US.

PICK UP A REUSABLE CUP FROM THE CAFÉ FOR SUSTAINABLE GARDEN GOODNESS AND SIGN UP TO OUR NEWSLETTER AT [WWW.THEGARDENHALE.CO.UK](http://WWW.THEGARDENHALE.CO.UK) FOR NEWS OF WHAT'S COMING NEXT AND HOW YOU CAN TAKE PART.

LOVE ALWAYS,

THE GARDENERS